



**A Message from the President:**

Happy Easter Sisters,

Spring is calling to us just listen to the early flowers, the daffodils, the pansies and all the other beautiful colors. We had a busy start to our year in January, starting with our one and only fundraiser and ending with our Easter Egg project completion. We should all be very tired and in need of a rest after laying approximately 1800 dozen eggs this year, which will allow us to continue our good work during the upcoming year. A VERY SPECIAL THANK YOU TO EVERY MEMBER AND VOLUNTEER WHO WORKED TIRELESSLY TO MAKE THIS PROJECT SUCH A GREAT SUCCESS!!

As we get into the swing of spring, our thoughts turn to the many activities that are just a few days away. The first is our Joint Meeting with our sister club Reading-Berks at Reflections restaurant in Leola, PA on April 2nd at 6:00 pm. It is not too late to join us. Moving forward, we have our District Two Conference in College Park MD the week of April 25 – 28, 2024. The conference allows us to get rejuvenated, motivated, and elevated. Please consider attending. As we complete these two events, we have moved into the heart of spring and begin to look toward to our May meeting, which will be held on Saturday May 4th at the United Methodist Church in Summerdale. Just as a reminder, we are having a Saturday meeting to accommodate a club visit from District Two Board member Cindy Jennings, who will also be performing our officer installation that day. A continental breakfast will be served. PLEASE PLAN TO ATTEND. As a reminder, we are still seeking a Vice-President to help with the club functions.

Our May 15th project will be the Mad Hatters event at Spirit Trust Lutheran Resident Community, York PA. at 1:30 pm. Acting as the hostesses of this event, we will provide entertainment and prizes, Looking forward to seeing everyone at our upcoming events.



Your Sister in Service,  
~Ann Tyndall

## [SOUTH CENTRAL PA CLUB NEWS AND EVENTS](#)

### **Peanut Butter Krispie Eggs Fundraiser**

Bobbi thanks all the Altrusans and especially our volunteers who came to our last scheduled Peanut Butter Krispie Egg session on March 11<sup>th</sup>, 13<sup>th</sup>, and 14<sup>th</sup>, and then to our extra session on March 20<sup>th</sup> and 21<sup>st</sup>. After many weeks of mixing, rolling, dipping, and bagging, we are finally done! We made 1,744 dozen eggs which included Peanut Butter Krispies, as well as some Butter Cream and Coconut Cream by request. Our total profits have yet to be determined. Please give Bobbi any outstanding egg-sales money.

Bobbi would like to thank everyone who helped us to make our eggs, as well as those who delivered eggs, purchased supplies, and provided transportation for Bobbi while she could not drive, and lifted boxes and trays while limited left arm movement restrictions were in place. We have a few dozen eggs left for sale. Anyone who is interested in them may contact Bobbi. We plan to once again have a Volunteer Thank You Luncheon at the Center Street Grille. The date and time will be determined in the coming weeks.



**Ann Tyndall and Cheryl Miller dip eggs while Bobbi supervises in a sling after pacemaker surgery.**



### **Joint Meeting with Reading-Berks Club**

Our annual joint meeting with the Reading-Berks club will be held on Tuesday, April 2<sup>nd</sup> at 6:00 pm. We will be meeting at Reflections Restaurant, located at 390 E Oregon Rd, Leola, PA 17540. The Reading-Berks club will be bringing the cake. Our club has planned a presentation on Kindness and writing cards for 'A Soldier's Hands' as activities for the meeting. Ann recommends that members carpool if possible to save gas. Don't miss this opportunity to visit with fellow Altrusa sisters and celebrate Altrusa's 107<sup>th</sup> birthday!

### **Down to Earth Café: A Lesson in Leadership**

Our guest speaker for our March meeting was Alex Rojohn, owner of Down to Earth Café in Mechanicsburg. He also brought his mother, Jules, who we hope might become an Altrusan one day. Marsh Pierich met Alex and suggested that we ask him to speak to us because he is an example of leadership in action, and because he sells our eggs for us. Alex started working in coffee shops at the age of 16, and he enjoyed the working atmosphere so much that he wanted to turn his job into a career.

Down to Earth Café opened in 2022 after two and a half years of planning, communicating with contractors, and building. The café emphasizes locally sourced, plant based, and sustainable products. They also have gluten free items. Down to Earth has a full coffee menu featuring local coffees, smoothies, pastries, and breakfast items. They also serve lunch items such as sandwiches and paninis.

Alex explained to us that his journey through the coffee shop business has taught him a lot about leadership skills such as time management, planning, helping the community, and sustainability. He mentioned two things that surprised him the most about working in coffee shops. The first was how busy things can get during certain times, and the second was how much work goes into food prep and how fast they go through food. We thanked Alex for joining us to talk about leadership and his business, and we will make a \$100 donation to a charity of his choice.

### **Prayers for Donna Miller**

Donna Miller was recently hospitalized at Hershey Medical Center and underwent a heart catheterization procedure. Fortunately, no blockages were found, and Donna is now recovering at home. She will need to see a cardiologist in the future. Please keep Donna in your prayers.

### **Vice President Needed**

Our slate of officers is almost complete, but we still need someone to serve on the club board as Vice President for the 2024 - 2025 year. We're looking for someone who would be willing to move up into the President's role after their term as Vice President. If anyone is interested, please let Brenda, Angie, Marsha, or Ann know as soon as possible, as the installation of officers will take place at our May general meeting.

### **A Visit from Cindy Jennings**

Don't forget, District Two Director Cindy Jennings will be visiting our club for our May general meeting. Our meeting will be held on Saturday, May 4<sup>th</sup> at Summerdale United Methodist Church to accommodate her work schedule. Our meeting time is 10:00am and breakfast and coffee will be provided, so please plan to arrive early. This meeting will also feature our Installation of Officers, and we will have the honor of having Cindy perform the installation. This is a very important meeting, as we will have one of our District Two leaders present. We need to have as many members in attendance as possible. You do not want to miss the opportunity to meet Cindy.



**Cindy Jennings, District Two Director. Picture from Altrusa District Two Website.**

### **The Jokesters**

The Jokesters recently performed at Prince of Peace Catholic Church in Steelton on March 4<sup>th</sup>. Twenty-five people attended the show, and the Church presented the Jokesters with a donation of \$75 for Altrusa International of South Central PA. There is another upcoming performance of the Jokesters, which will be on April 1 at the Lancaster Neighborhood Senior Center for a fun gathering. The event starts at 10:00am at 33 East Farnum Street in Lancaster.

## **Mad Hatter's Day Service Project**

As a reminder, we have been presented with an opportunity to do a service project with Spirit Trust at Sprinkle Village in York. Ann explained that we have been invited to host a cocktail hour for the residents of Sprinkle Village on Wednesday, May 15<sup>th</sup> at 2:00 pm. We are calling this project "Mad Hatter's Day" as it will take place around Kentucky Derby Day. The facility will provide the food and drinks for the event, and we will have activities for the residents during the hour. Our club is planning a gift card and gift basket drawing and a performance by the Jokesters. We will need five or six members to participate in this event. Brenda, Donna Miller, and Sue Gebhart have agreed to serve on a planning committee. Contact Ann for more information.

## **Monthly Food Drive**

Due to having our joint meeting with Reading-Berks, we will not be collecting food and cleaning supply donations for the month of April. Our monthly food drive will resume with our May meeting.

## **'A Soldier's Hands'**

At our last meeting, Bobbi told us that CEO Trish Shallenberger would like us to continue writing cards for 'A Soldier's Hands'. Bobbi has plenty of blank cards for anyone who would like to write out cards for our Soldiers. Anyone who has written cards may return them to Bobbi at any of our general meetings.

## **Kentucky Derby Day Fund-raiser for Perry County Literacy Council**

Saturday, May 4<sup>th</sup> is the date of Perry County Literacy Council's major fund-raiser. It will be held on the former Carson Long Military Academy grounds in New Bloomfield, now the Aishel HaTorah Dining Hall beginning at 5:30. The event is a dinner and live auction after the "Running for the Roses". There is also an optional Pre-race Mint Julep Party at 4:30 in The Maples, another building on the campus. The cost for each is \$50. Altrusa gets 2 free tickets to the dinner with our donation. Please RSVP to Bobbi soon if you're interested in going. It's a big event and lots of fun!

## **[NEWS AND EVENTS FROM DISTRICT TWO](#)**

### **District Service Project: Kindness Cards**

We are participating in an ongoing District Service Project doing kindness cards. This project entails purchasing blank greeting cards, such as Mother's Day, Father's Day, Birthday, or other cards, and sending them to soldiers for them to write in for their loved ones. This project serves our Intentional Acts of Kindness challenge, and each card counts as an act of kindness. Ann has also suggested purchasing postage stamps to go with the cards.





## **District Two Conference**

Save the date! Our District Two Conference will be April 25<sup>th</sup> – 28<sup>th</sup>, 2024. The Montgomery County, MD club is hosting, and the venue is the Holiday Inn College Park, located at 10000 Baltimore Avenue, College Park, MD 20740. Updated information was recently sent out by email and can also be found in the Winter DSB that was sent out via email at the end of January. The DSB can be found on the District Two website at the following link: <https://files.constantcontact.com/67cb6814501/37ad87d7-1985-4c33-bedf-6d716ae52b9a.pdf>.

Conference registration forms can be found in the DSB. Hotel registration is also open, and an email was recently sent out with a link to the hotel information. The deadline to register for Conference without a late fee was April 1<sup>st</sup>. A flyer with a brief overview of the conference was recently sent out by email and can be found at the following link: <https://files.constantcontact.com/67cb6814501/47c26265-a4f9-470b-b284-eba21c1ed169.pdf>. Don't miss this opportunity to enjoy workshops, speakers, and visiting with your fellow District Two Altrusans!

## **District Two Governor's Message**

The latest District Two Governor's Message was recently sent out to your email. You can also find it at the following link: <https://files.constantcontact.com/67cb6814501/7bf5e4bf-50a1-4bd3-972c-bc4a1eb77d4b.pdf>.

## **Membership Dues Increase**

As a reminder, the District Two Board of Directors unanimously approved an increase of District Two dues from \$20 to \$30, effective June 1<sup>st</sup>. That means that our South Central club's overall annual dues will increase from \$90 to \$100 effective June 1st. For more information, you may contact Ann or Deb, or visit the following link: <https://districttwo.altrusa.org/news-events/>.

## **INTERNATIONAL NEWS AND EVENTS**

### **Altrusa International Convention 2025**

Save the date! Altrusa International Convention 2025 will be held July 23<sup>rd</sup> – 26<sup>th</sup>, 2025 in Quebec City, Canada. The venue will be the Hilton Quebec. More details will be announced throughout the next year. Hotel information for the Convention is available on the District Two website under News and Events. Don't miss this opportunity to connect with fellow Altrusans from around the world and enjoy workshops, guest speakers, and many more fun events.

## Intentional Acts of Kindness Challenge

Don't forget, for the 2023 – 2025 biennium, all clubs are asked to participate in our Intentional Acts of Kindness initiative. International President Linda Smith is asking each Altrusan to commit one intentional act of kindness each week of the biennium. The acts can be simple or complicated – your choice. Meeting this challenge will result in over 300,000 intentional acts of kindness each year of the biennium. Please report your progress on the service page on the Altrusa International website.



## March 2024 Service Committee Newsletter

The March 2024 Service Committee Newsletter is now available to read. The newsletter was recently sent out via email and can also be found at the following link: <https://files.constantcontact.com/67cb6814501/963f787a-c127-407e-a608-198836d1ae9f.pdf>.

## UN International Days in April

World Health Day – April 7<sup>th</sup>

## ANNIVERSARIES, BIRTHDAYS, AND UPCOMING MEETINGS AND ACTIVITIES

### Member Anniversaries:

Donna Appleby – 6 Years  
Rita Behofcist – 16 Years  
Anneke Fleming – 25 Years

### Member Birthdays

Rita Behofcist – April 4<sup>th</sup>  
Angie Wagner – April 11<sup>th</sup>  
Isabel Masland – April 16<sup>th</sup>

### Upcoming Meetings and Activities 'At a Glance'...

1. Joint Meeting with Reading-Berks – Tuesday, April 2<sup>nd</sup> at 6:00 pm  
Location: Reflections Restaurant, 390 E Oregon Rd, Leola, PA 17540  
Bring your cards for 'A Soldier's Hands' if you have them.
2. Board Meeting: Thursday, April 18<sup>th</sup> at 6:30 pm. This will be a Zoom meeting.

***"Nothing is so strong as gentleness. Nothing is so gentle as real strength".***  
***– Francis De Sales***